



*Routes that*  
**REFRESH**

**Teaching days**  
with Patrick Whitworth

**from 2016**



# *Routes that* Refresh

*“Stand at the crossroads, and look and ask for the ancient paths where the good way lies; walk in it and find rest for your souls.”*

**Jeremiah 6:16 NRSV**

Patrick Whitworth author, teacher and church leader offers one day seminars on a number of different subjects central to ministry.



**Email:**  
[pwhitworth@metronet.co.uk](mailto:pwhitworth@metronet.co.uk)

## **Teaching days**

### Outline

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A typical day runs from 10am – 4pm. Materials will be available including notes, PowerPoint presentation and copies of Patrick’s supporting books. There will be a break for lunch and refreshments, group discussion and time for questions. A small fee is charged for the day and expenses are requested. Patrick hopes the days will be enjoyable, refreshing, equipping and fun.

These teaching days may be particularly suitable for theological colleges, CMD courses in Dioceses (Patrick has done several over recent years for the Diocese of Bath and Wells and these have proved both popular and effective) and for Parish quiet days or for leadership teams.



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[www.patrickwhitworth.co.uk](http://www.patrickwhitworth.co.uk)

# Teaching days offered on the following topics:

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## Becoming fully human

What it means to become what we were intended to be. "The work of God is a man or woman fully alive" (adapted from Irenaeus). What issues do we face in personal development and realising our potential? What struggles do we face? What resources are there for us in Christ and in the Church?

## Becoming a spiritual leader

A day spent considering aspects of Christian leadership especially around the life of St Peter. What qualities does a leader need? What is the place of character, experience, skill and understanding in Christian Leadership? What can we learn from the great leaders of the Bible, from their successes and failures?

## Becoming a Citizen of the Kingdom

What is the Kingdom of God? How is it described in the Old Testament and by Jesus? What is the relationship of Church and Kingdom? How do we notice and how do we perceive God's Kingdom today? Is God at work outside the Church? How do we encourage the coming of the Kingdom?

## Prepare for Exile

Is the Church in exile today? How can we tell? Exile from what? How does it affect our work? How does it affect our mission? How does it affect the way we are Christians and how we speak and engage with the world? What is the relationship today between culture and Church? How do we remain distinct but fully engaged?

## Paul as Pastor

Paul is a pastor as much as a pioneer or an evangelist or a church planter and Apostle. Do you agree? How does Paul show his pastoral side? What principles can we gain from Paul about pastoral care? What were his goals, his methods and the problems he faced? How does his example help us in our pastoral care today?

## The use of the Wisdom Literature in Pastoral Care

The Wisdom Literature is a treasury of Godly practical wisdom for us at every stage of life: Job is for the suffering; the Psalms are for both the joyful and disorientated; Proverbs are for those discharging their obligations in a Godly way; Ecclesiastes is for those who are questioning and the perplexed; the Song of Solomon for those wanting to grow in love and prayer with the Lord

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and in intimacy with him. How can we familiarise ourselves and use the wisdom that this literature in the Bible gives us in a creative way, both in our own lives and in pastoral care for others?

## Themes from St John's writings

We shall look over St John's writings: his gospel, his letters and the Book of Revelation. What common themes can we isolate e.g. light and darkness; worship and mission; truth and grace; suffering and glory; judgement and salvation. How do they shape our understanding in mission today and mature our own discipleship?

## Gospel for the outsider: The writings of St Luke in his Gospel and Acts

Who were the outsiders in Jesus' day? How did Jesus deal with them? Why does Luke have a special emphasis on the outsider? What does Luke tell us about these outsiders? What was Jesus' manifesto towards them? How did Jesus turn an outsider into being an insider? How does the Church approach those on its outside? How are we Church in the community? How did Paul do it in the Acts of the Apostles? What conclusions can we come to?

## What can we learn from the Cappadocian Fathers?

What can we learn from the Cappadocian Fathers: Basil of Caesarea, Gregory Nazianzen and Gregory of Nyssa? What can they teach us about prayer, silence, contemplation, spiritual ascent, social welfare and struggle for orthodoxy? How do these great leaders of the Church in the 4th Century translate into the 21st Century? What is the relationship of personality, mission and ministry?

## Preparing a talk from a Bible passage in a day

(up to 6 people only)

During the day we will consider the principles of homiletics/preaching. Finding a text, exegesis, isolating a dominant thought, developing a talk, preparing a short talk and giving it by the end of the day!

## Inside Out —The Bible in a day

Only available in 2017. Do you know the narrative of the Bible, its history and teaching, its challenge and comfort? How do the Law, the Prophets and the Writings fit together? What is a gospel? What is the shape of God's great plan? How can we fit it all together? How can we be excited about the Bible? How can we learn to use it better? How should we respond to its message?

# What do they say about Patrick's books? (All available on Amazon.co.uk)

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## Becoming Fully Human

TerraNova 2003

*"Patrick's book is a readable, enjoyable yet serious description of human beings before mighty God because, let's be clear about it, if this life is all, then all is futile and nothing is of value."*

**George Carey**, former Archbishop of Canterbury 1991–2002

*"If you like your theology direct, engaging, thought provoking, and completely understandable, then you should read this book. It is quite simply the best book on the 'Doctrine of Man' that I have ever read and I can't recommend it highly enough. This is Christian apologetic of a rare type, meeting issues head on but using a light touch that forced many a wry smile from me. Many new books arrive heralded as 'a new classic', but this book deserves to have such a tag line. In fact it is so good that having finished it I'm tempted to start reading it again immediately."*

A review by **Jon Matthias**

## Becoming a Spiritual Leader

TerraNova 2005

*"This is a book about developing a quality of leadership which Jesus would be pleased with. Here's a book that challenges us to be as real and open as a broken Peter, and learn to be as truly*

*human as the Lord who also calls us to share in his marvellous care of others."*

**Reverend Dr Russ Parker**, Author and former director of Acorn healing ministries

## Become a Citizen of the Kingdom

TerraNova 2006

*"Jesus came to inaugurate the kingdom which will transform the world – and living in this kingdom involves us seeking to live out the same path or powerful message of prayer and action or contemplation and service as did Jesus in his earthly life. Patrick addresses these four contexts (along with a lot of other relevant teaching), in a fresh and very readable style which can sometimes mask the depth of the insights he offers."*

**Reverend Don Brewin**,  
Director of SOMA UK 1994–2007

## Prepare for Exile

SPCK 2008

*"Patrick explores the theme of exile as a metaphor for the condition of the church in the UK. Used to centuries of prominence at the centre of culture, it increasingly finds itself pushed to the edges banished from the corridors of power and decision making. Patrick suggests that in this rather unsettling exile, the church needs to develop new patterns of mission,*

*spirituality and community to adapt and thrive in the new world.”*

**Revered Dr Graham Tomlin,**  
Principal of St Mellitus College London

## The Word from the Throne 2011

*“Patrick brings truths from the gospel of St John with its life-giving conversations, and truths from the Epistles with their defence of the Incarnate Word. Then he leads us through the glorious sweep of Revelation, so often ignored by preachers and writers, but in its contents so vital to our understanding and encouragement.”*

**Reverend Preb. Charles Marnham,**  
St Michael Chester Square, London SW1

## Paul as Pastor BRF 2012

*“Most writers on Paul concentrate on his missiology, his church planting evangelism or his extensive teaching about the nature of the gospel: few look at Paul as pastor. What this book does is to make you think of Paul as a supreme pastor, but Paul is very much a man of the heart, driven by deep passion for people to become all that they might be in Christ. Patrick has given us a vision of pastoral care which arises not from any special therapeutic counselling skills but from Paul’s deep desire that people should find freedom and maturity.”*

**Rt Reverend Peter Price,**  
Bishop of Bath and Wells 2001–2013

## The Way of Wisdom 2013

*“We are first taken on a tour d’horizon of the landscape before us and led through the Psalms, the Book of Proverbs, Ecclesiastes, the Song of Songs and Job. Patrick guides us through the scriptures to see something of a Holy Wisdom at work in the lives and words of those who have gone before.”*

**Tom Peryer OBE,** Former Director of Education, London Diocese

## Gospel for the Outsider Sacristy Press 2014

*“Mark may challenge you, Matthew reassure you and John inspire you, but it is among the real people of Luke’s gospel that you will find yourself. And that, I suggest, is the task of our times – to find ourselves, to discover who we are and how it is that we can play our part in shaping a new world. This is a readable, compelling invitation to walk into the story and find yourself, whoever you may be within its pages. Indeed the outsider, as Patrick so clearly and beautifully demonstrates, becomes the insider through his or her encounter with Jesus.”*

**Reverend Dr Alison Morgan,**  
Author and Director of ReSource

## Three Wise Men from the East: The Cappadocian Fathers and the Struggle for Orthodoxy

Sacriscity Press 2015

*“Wonderfully comprehensive and clear. We are able to see the Cappadocians not as counters in the board game of controversy but as complex human figures wrestling with the challenges of internal and external crises for the Church. This will be a really welcome tool for all students of early Christianity, and excellent and accessible reading for anyone who wants to understand better the formative period of Christian teaching. It is a message that the Church of our own time should take very seriously.”*

**Rowan Williams,**

Master of Magdalen College, Cambridge

*“In this comprehensive introduction to their writings, Patrick Whitworth enables the modern reader to share their understanding of the purpose and scope of theology.”*

**Professor Mark Edwards,**

Christ Church Oxford

COMING SOON IN 2016

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in a single volume

COMING IN 2017

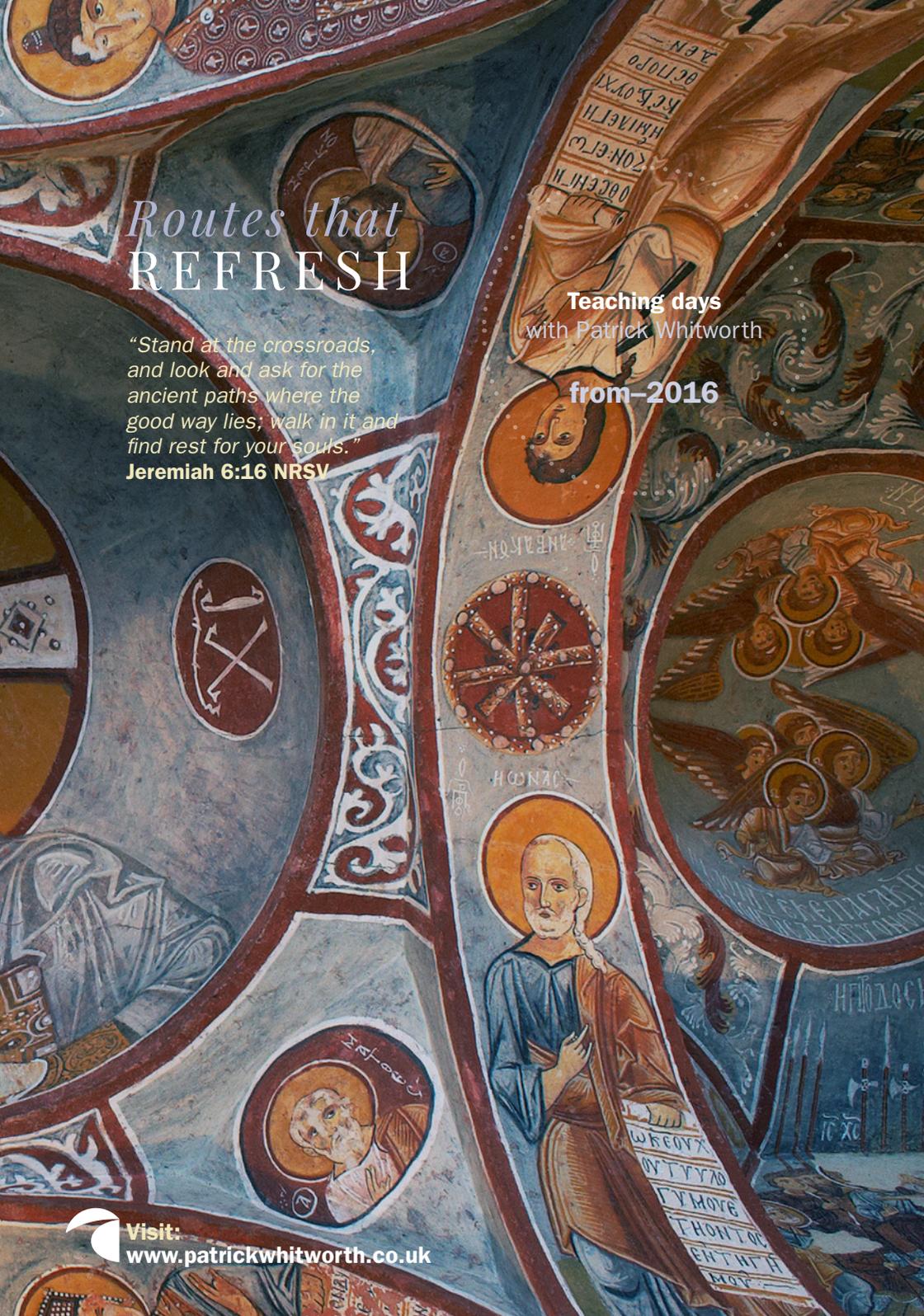
From Constantinople to Chalcedon: Defining the shape of the Church to come

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